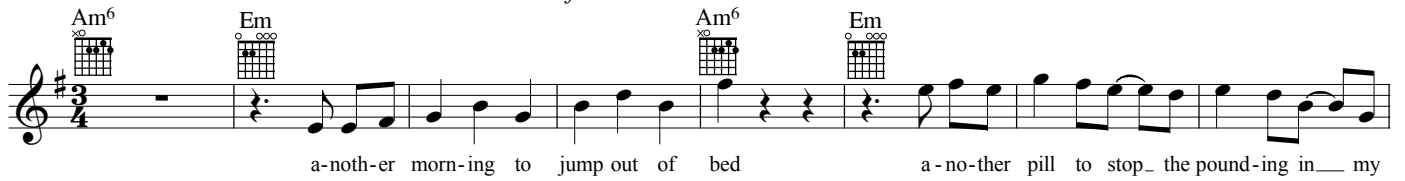


Frantic

Tension
from the album Waves

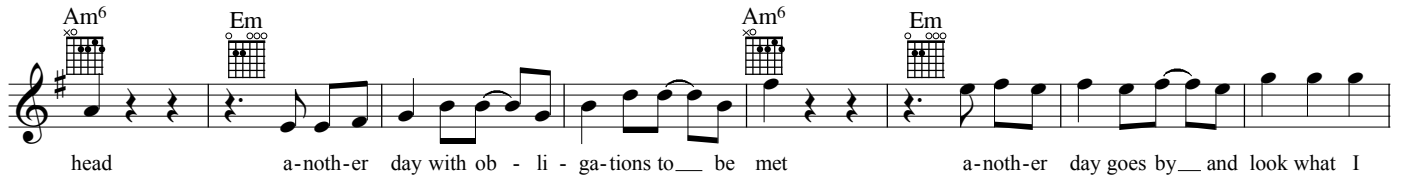
Jay Ducharme

Am⁶ Em Am⁶ Em



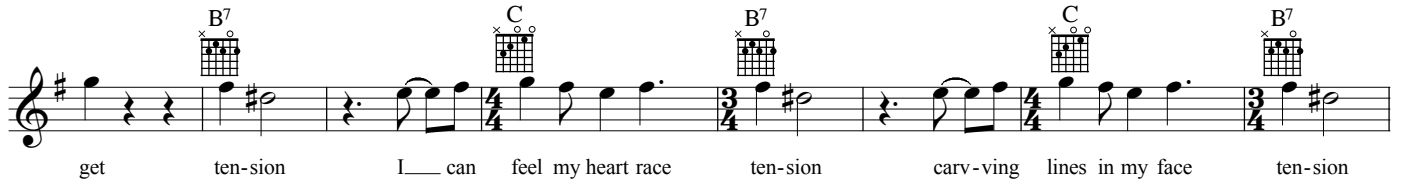
a-noth-er morn-ing to jump out of bed a - no-ther pill to stop_ the pound-ing in__ my

Am⁶ Em Am⁶ Em



head a -noth-er day with ob - li - ga-tions to__ be met a -noth-er day goes by__ and look what I

B⁷ C B⁷ C B⁷ C



get ten-sion I__ can feel my heart race ten-sion carv-ing lines in my face ten-sion

C B⁷ Em Am⁶ Em



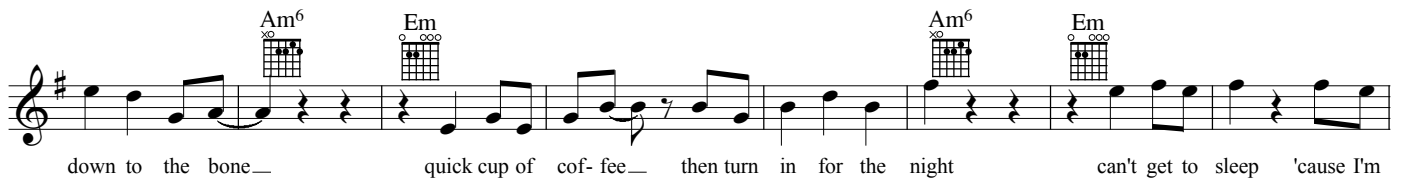
can't keep up__ the pace ten-sion give me some space_____

Am⁶ Em Am⁶ Em



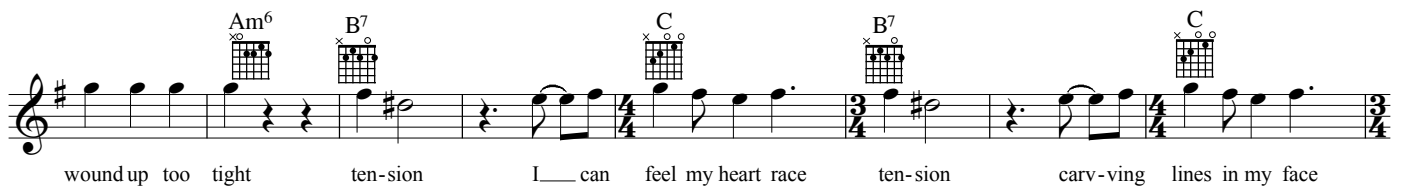
ring-ing in my ears rip out the phone grit my teeth__ and grind them

Am⁶ Em Am⁶ Em



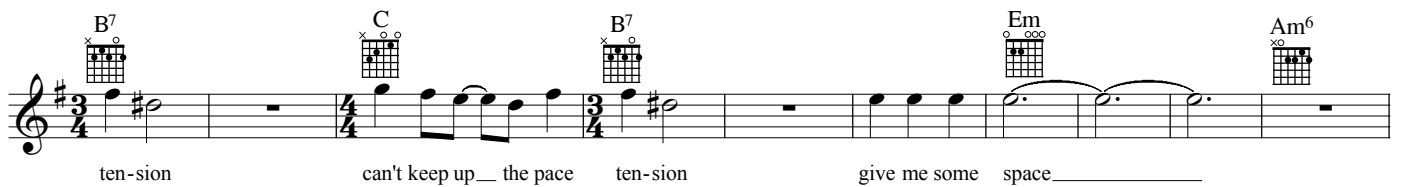
down to the bone__ quick cup of cof-fee__ then turn in for the night can't get to sleep 'cause I'm

Am⁶ B⁷ C B⁷ C



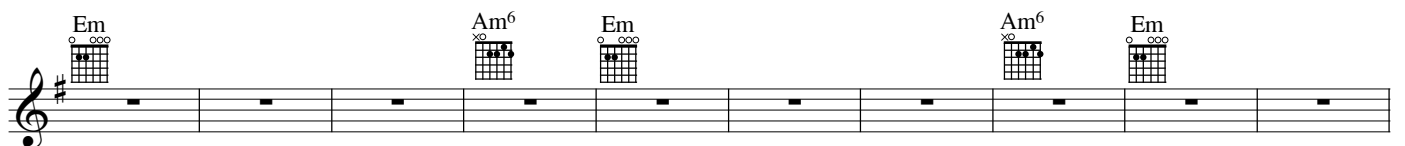
wound up too tight ten-sion I__ can feel my heart race ten-sion carv-ing lines in my face

B⁷ C B⁷ Em Am⁶



ten-sion can't keep up__ the pace ten-sion give me some space_____

Em Am⁶ Em Am⁶ Em



much slower and relaxed

F#m E

space to pause space to breathe space to just_ re - lax a while

F#m B7 Am⁶ Em **Frantic**

accel.

time to rest_ time to waste time to drift a - way

Am⁶ Em Am⁶ B7 C

ten-sion from the mo-ment I'm_ a-wake

B7 C B7 C B7

ten-sion ev - 'ry mus-cle starts to ache ten-sion ev - 'ry limb be gins to shake ten-sion

Em Am⁶ Em Am⁶ Em

give me a break _____ a-noth-er

Am⁶ Em Am⁶ Em

morn-ing to jump out of bed ten-sion a-no-ther day of this_ and

Am⁶ Em Am⁶ Em

may-be I'll_ be dead ten-sion life is short keep that date_ what's the time

Am⁶ Em Am⁶ Em Am⁶

can't be late ten-sion floor the car_ run the light crash in bed_ scream all

Em Am⁶ Em Am⁶ Em

night _____ ten-sion

repeat and fade